First Christian Church 2501 N Park Lane Altus, OK 73521



What is Lent Anyway?

As of March 1st, the season of Lent officially began. I grew up in a Christian Church much like this one. So, the liturgical calendar has always been a somewhat foreign concept for me. I don't think I even knew what Lent was until High School when I saw some of my friends walking around with ash on their foreheads. Since a lot of us may be unfamiliar with what Lent is and why some churches practice it I wanted to take a moment to talk about some of the pros and cons of this tradition.

Lent is a time set aside to prepare us spiritually for the biggest event on the Christian calendar, Easter. How long should we spend preparing ourselves for this? Well, Jesus spent 40 days in the wilderness fasting and praying as he prepared for his ministry. So lets spend 40 days (thus, this year March 1). How do you prepare yourself spiritually for something? When John the Baptist was trying to prepare Israel for the coming of the Messiah he told them to repent. To be cleansed of their sin so that they would be prepared for what the messiah would do. So, Lent is 40 days of introspection, repentance, prayer, and maybe even fasting.

At least, that's what it's supposed to be. A lot of the time the ideal gets mistreated by people's attempts to put it into practice. That's how something like Mardi Gras can be connected to the Lent season. People say, "Well, I'm not supposed to do all of this sinful stuff for the next 40 days so let's live it up while we can!" So they use this time of repentance, introspection, and fasting as an excuse for drunkenness, sexual immorality and a whole host of other who knows what. There was a movie in the early 2000's where a man gave up sexual immorality for Lent. That's not what Lent is about! Lent is not a time where you stop doing something sinful with the intention to pick it back up once the 40 days is over. That's not repentance. 1 Cor. 15:34 plainly says, "do not go on sinning." That is in the context of the resurrection, by the way. We do not fast from sinful behavior, we repent of sinful behavior and we stop living in that way. Period.

Like I said, our church tradition doesn't strictly follow a Christian calendar. Lent is nowhere discussed in the New Testament and therefore is not necessary for the church to practice. But just because it's a man-made tradition doesn't make it evil. There are plenty of ways to celebrate this time of year in a way that will make your celebration of the death and resurrection of our Lord all that more meaningful 40 days from now.

Introspection- Psalm 139:23-24 says "Search me, O God, and know my heart; test me and know my thoughts. See if there is any wicked way in me, and lead me in the way everlasting." That should be our prayer throughout this season. As we begin to turn our minds and thoughts toward what Christ did for us on the cross and what His resurrection means for us it should stir up heartfelt sorrow for our sinful behaviors, leading us to repentance.

Fasting- Fasting is an area that we don't do well in the American church. But it is a common feature in Lent. Fasting is simply practicing self-denial for the purpose of drawing closer to God or hearing from him. Jesus assumes that his followers will do this (Mt. 6:17). Most commonly this is done by giving up food for a period of time. Though, technically, it could be abstaining from anything; a type of food, drink, or even activity. The idea is that I'm sacrificing something to gain time with God, or if not to gain a quantity of time with him to at least increase the quality of the time given. Food is often used because the hunger gives you a constant reminder of what you are trying to do (draw close to Him, focus on Him, etc.)

Discipline- This is also a good time to develop some good habits in your life and practice some new spiritual disciplines you haven't done before or at least for a while. Spend some regular time in solitude with God, practice the Sabbath day with your family, keep a spiritual journal, find some service projects you could do or help with, and of course reading your bible and praying. Find some activity that helps you grow in your relationship with Christ and try it out for the next 40 days. You might not like it, it might change your life, but hopefully it will help you focus on Christ and what he accomplished on Easter.

Lent is not a tradition that we should dismiss out of hand, nor is it one that we should be legalistic about. But if you spend 40 days meditating upon, training, and sacrificing it can't help but increase your appreciation of the death and resurrection of our Lord. And that's really what we're going for; to draw closer to the one who drew near to us so that we might be saved. That we might remember and *know* not only that he died for us, but that He is risen!

In Him, Ben

MARCH 2017

SUN	MON	TUE	WED	THU	FRI	SAT	
			1	2	3	4	
			LBS 9:30AM F/ S&A MTG ABS/Prayer 6:15PM	WORSHIP MTG 6:30PM			
5 GS 4:00PM SS 9:30AM WS 10:30AM	6	7 ADMIN MTG 6:00PM EDUCATION MTG 6:30PM	LBS 9:30AM ABS/Prayer 6:15PM	9 ELDERS 6:00PM DEACONS 6:30PM BOARD 7:00PM	10	11 PRICE/SIRMONS WEDDING MOVE CLOCKS FORWARD	
12 FELLOWSHIP DINNER	13	14	15	16	17	18	
SS 9:30AM WS 10:30AM			LBS 9:30AM ABS/Prayer 6:15PM				
19 GS 4:00PM SS 9:30AM	20	21	LBS 9:30AM	23	24	SPELLING BEE	
WS 10:30AM		FSG 6:00PM	ABS/Prayer 6:15PM				
26	27	28	29 LBS 9:30AM	30	31		
SS 9:30AM WS 10:30AM			ABS/Prayer 6:15PM				

Serving In March

March 05

Meditation: Lloyd Colston
Com Servers: Bob McGuire, Carol Carson
Wendi Noon. *?

Nursery: Don Skiles, Sarah Skiles Children's Church: Kristen Partin AV Booth: Robert Crawford

Greeters: Bob Clark/FD, John Signorelli/FHD
Com Prep & Clean Up: Phil & Ruth Carson

March 12

Meditation:

Com Servers:

Doug Dalton

Doug Tritle, *Iris Felix

Jane Clark, Matthew Palmer

Nursery:

Mark Morey, Rebecca Cullen

Children's Church:

AV Booth:

Sarah Skiles

Robert Crawford

Greeters:

Com Prep & Clean Up:

Bob Clark/FD, John Signorelli/FHD
Phil & Ruth Carson

March 19

Meditation: Jim Jones Com Servers: Tara Coffman, *Wanda Jones

Nursery: Kristen Partin, Wendi Noon
Children's Church: Nicole Stanfill
AV Booth: Robert Crawford

Greeters: Bob Clark/FD, John Signorelli/FHD Com Prep & Clean Up: Phil & Ruth Carson

March 26

Meditation:

Com Servers:

Brenda Gibson, Jackie Morey

*John Signorelli, Robert Crawford

Nursery:

Children's Church:

AV Booth:

Greeters:

Jessica Buxton

Robert Crawford

Bob Clark/FD, John Signorelli/FHD

Com Prep & Clean Up: Bob Clark/FD, John Signorell/FHD
Phil & Ruth Carson



In Our Prayers

Jerry Partin - recovering from surgery (Ben's dad)

Carl Harris - cancer (Lloyd Colston's brother)

Dale Martin - bladder/lung cancer (Lloyd & Judy Colston's friend)

Jo Parnell - inoperable lung cancer (Lee Barnes' son-in- law's mother)

Yudell Barton (Brenda Risner's friend)

Debbie Cleland - cancer (Christina Barnes' co-worker)

Mike Chase - colon cancer (Jimmy Geigle's friend)

Laurie Cullen - salvation/early onset (Shawn Cullen's sister) Alzheimer's

Periodically the Prayer List will be updated. If we remove someone that you still want on the list, please let us know and we will be glad to put them back on.

If you have a prayer need or know of any changes, please contact the church office.

Birthdays & Anniversaries

03/07 Bettie Peters 03/10 Joe Price 03/04 Carter Partin 03/12 Jackie Garland 03/16 Matthew Palmer 03/22 Kalyn Cullen 03/26 Lucas Buxton



Sunday Services	
Sunday School	9:30 am
Worship Service	10:30 am
Wednesday Night	
Prayer Hour	5:30 pm
Adult Bible Study	6:30 pm

Secretary's Report February 2016

Average Attendance60.25Average Visitors1.75Total Average Attendance62Total Offerings\$9,239.00



MARK YOUR CALENDAR

SUNDAY, MARCH 12TH

POTLUCK DINNER AFTER THE WORSHIP SERVICE.
A SIGN-UP SHEET WILL BE PASSED AROUND.









MARCH 25TH 9:00 AM WOSC